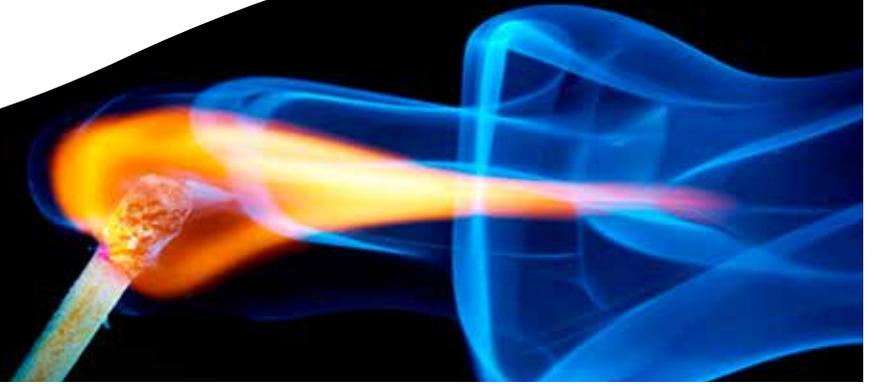




MDI



Resource meeting #1

Where have you seen God at work this week?

Meeting time: 1 hour and 15 minutes

Participants: Anyone participating in a Missional Discipleship Group (MDG)

Purpose: To hear stories of transformation and to further resource participants.

Agenda

A. Listen: What is God doing in our Missional Discipleship Groups? —35 minutes

- Scripture reading
- Prayer
- Accountability

B. Resourcing: Where have you seen God at work this week? —35 minutes

Background

This question is a variation of an ancient practice called The Daily Exam, or The Examen, which was developed originally by St. Ignatius Loyola (1491–1556). St. Ignatius is the founder of the Society of Jesus, also known as the Jesuits. He suggested that his brothers undertake a way of daily prayer by examining their lives so they could better serve God. St. Ignatius stated that the key to a healthy spirituality was to find God in all things and to work constantly to gain freedom in one's life in order to cooperate with God's will and God's mission.

Three reasons why this question is important

- 1. Mission:** A disciple of Jesus needs to be aware at all times of the fact that they are a collaborator with God (1 Corinthians 3:9) in the mission of reconciling everything to himself (Colossians 1:20). Paying attention to what God is doing around us keeps us alert for mission engagement.
- 2. Service:** The end goal of being a disciple of Jesus is not just to become a better person. The goal is to become Jesus' ambassador to the world (2 Corinthians 5:20). As such, our calling is to serve others as we serve God. Reflecting on a regular basis on this question may help us pay more attention to service opportunities coming our way (Matthew 20:26).

3. Gratitude: A true disciple of Jesus is a grateful one. A true disciple lives life with a deep sense of gratitude for everything God has done in the past, is doing today, and will do tomorrow (Ephesians 5:20). Paying attention to where we have seen God at work during the week is an invitation for disciples to always remember how God's providence and favor have been active upon their lives (Hebrews 12:28).

C. Prayer: Pray for strength to continue meeting in the following months. —*5 minutes*