

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<h1>40 activities for Lent</h1>			<p>Lent is a time of remembering Jesus' 40 days in the wilderness that prepared him for ministry. Join us in these activities as we prepare for Easter, and live and share God's peace every day. You can build community by posting on Facebook or Instagram about your activity. Use the tag #ichoosepeace2018.</p> <p>When we inspire others toward small acts of peace, together we can show that we are serious about working with God to make earth more like heaven.</p> <p>MennoniteMission.net/Lent</p>			1	2	3
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
<p> Unplug. It's a day of rest. Take time to read Matthew 5:9. Consider putting \$5.09 in a "peace jar." At the end of the month, donate the money toward Mennonite Mission Network's work for peace.</p>	19	20	21	22	23	24		
25	26	27	28					
<p>Unplug. It's a day of rest. Read Isaiah 58:6-9 and talk about it with your spouse or family. What are ways that you are "loosing the bonds of injustice?"</p>	<p> Collect aluminum cans from your church. After you recycle the cans, add the money you earned to your "peace jar."</p>	<p>Write a note of encouragement to someone. If you have young children, have them draw on the front of the card. Talk about how your actions can help or hurt people.</p>	<p>Learn five ways to support your neighbor. Order bystander awareness cards. PJSN.org/resources/bystander-intervention</p>	<p>Think about someone at church or work who has different views from you. Pray for them. If you want a real challenge, invite them to supper.</p>	<p>Many people say grace when they gather to eat. Next time you fill up your car with gas, say a prayer for God's sustaining hand in all areas of our lives.</p>	<p> Don't eat out this weekend. Instead, put the money you saved in a "peace jar."</p>	<p>Make a meal from a different country, and pray for the people from that country.</p>	
			<p>Make a paper chain! Write names or situations on 40 slips of paper and link them together to make a chain. Use it to pray during Lent.</p>	<p>Commit yourself to peacemaking and wear a "peace pin" as a visual reminder. Order one for you (and your whole family) today! PJSN.org/ichoosepeace</p>	<p>Visit MennoniteMission.net/limitless and listen to Nohemy Garcia's Awakening (Despertar). Let this be your prayer today.</p>	<p>Get creative with your community. Consider how you might apply for a "Spread the Peace" grant to plant seeds of peace in your neighborhood. PJSN.org/resources/Spread-the-peace-grants</p>		

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40 activities for Lent					1 Visit MennoniteMission.net to read about Josh and Alisha Garber and their ministry in Spain. Pray for them. Sign up for their e-mail updates.	2 Put on your peace pin and take a prayer walk through your neighborhood. Pray for people and issues in your community.	3 Drop off some extra groceries at your local food bank. If you have time, volunteer there.
4  Unplug. It's a day of rest. Read Micah 6:8 and reflect on what actions it calls you toward. Consider putting \$6.08 in your "peace jar."	5  This week, don't use lights after 9 p.m. For every day you save electricity, put a dollar in your "peace jar" to donate at the end of Lent.	6 Open your mind to other perspectives and listen to the Peace Lab podcast. If you like it, subscribe! PJSN.org/podcasts	7 Light a candle and together with your family and/or friends pray for refugees around the world.	8 Go through your closet and give away clothes you haven't worn lately.	9  Eat rice and beans. Put the extra grocery money in your "peace jar" to donate at the end of Lent.	10 Make an effort to reach out to your neighbor today. Double the recipe for supper and take half of it to a neighbor.	
11  Unplug. It's a day of rest. Read and discuss 1 Peter 3:11 with a friend. How will you seek peace this week? Consider putting \$3.11 in your "peace jar."	12 Only buy groceries this week with containers that are recyclable.	13 Look at a child's class photo and ask about some of the children. What do they do well? What are the things they struggle with? How does the child you are with relate to the children in the photo?	14 Read the news for 10 minutes. Then, turn off all your screens for 15 minutes and pray for each of those situations. With your family or friends, talk about what you can do to help.	15 This weekend, plan ahead to attend a worship service from a different faith tradition or culture.	16 As you eat dinner tonight, pray for the farmers who grow your food. Talk about where your food might have come from, and if you have children, point out those places on the globe.	17 Ask your children to pick some of their toys they'd like to share with children who don't have any. Donate them to a local thrift shop.	
18  Unplug. It's a day of rest. Read John 14:27. Sometimes, fear steals the peace in our midst. Talk with someone about ways you can stop this from happening. Add \$14.27 to your "peace jar."	19 Walk around your neighborhood and pick up trash. Do this with friends or family, and talk about what peace looks like for creation.	20 Plan one meal this week that involves only foods that are grown locally.	21  Don't buy coffee this week. Put the money you saved into your "peace jar." Read about a coffee shop ministry in Nepal. MennoniteMission.net/news/Nepal-coffee	22 Plant a seed in a flower pot. Read Matthew 13:1-9. How are you planting and watering seeds of peace in your life?	23 Meet with someone in your community who is from another culture. Invite them over for dinner. Ask them to share their story.	24 Handwrite a letter to a missionary whom your congregation supports.	
25 Unplug. It's a day of rest. Read Ephesians 4:3. Peacemaking sometimes goes against an independent North American culture. Journal about what this verse means in today's world.	26 Check out our Congo mission bank materials (MennoniteMission.net/missionbanks) and, with your child, download and read a story about God's work in Congo!	27  Bike or carpool to work. Put the money you would have used on gas into your "peace jar."	28 Invite a former mission worker to coffee; ask them to share their story. Pray with them.	29 On this day, as we think of Jesus washing his disciples' feet, think of a modern-day equivalent to humble yourself. Pull your neighbor's weeds or clean your friend's house.	30 More than 25 percent of your taxes go toward the military. Give a peace tithe of what you pay in taxes to support peace and justice. MennoniteMission.net/Lent	31 Write thank-you cards to your congregation's staff or volunteers, including janitors, Sunday school teachers, and the church administration.	

Easter! Sunday, April 1: Donate what you've saved in your "peace jar" toward ministry through Mennonite Mission Network. You can make your contribution at MennoniteMission.net/Lent.